



LE SPA DE L'OASIS

COLLECTION BARBOSSI

The art of well-being

 SOTHYS
PARIS





A true celebration of well-being, the Spa de L'Oasis offers moments of tranquility and unparalleled sensory experiences.

Nestled within the heart of the luxurious Ermitage de L'Oasis**** hotel and on the edge of its lush gardens, our elegant treatment rooms, balneotherapy facilities, and infrared sauna promise moments of absolute relaxation.

Whether indulging for a few hours or several days, the Spa de L'Oasis ensures that your well-being receives the utmost care it deserves.

Guided by our Spa Manager and her team, a harmonious blend of attentiveness, compassion, and professionalism ensures a personalized experience.

SOETHYS
PARIS

In a gentle and soothing ambiance, personalized massages and customized programs offer a complete reconnection, backed by innovative technologies and the certified expertise of Sothys laboratories.

Since 1966, Sothys has embodied a certain tradition of understated luxury as a French family-owned enterprise.

Beyond mere formulas, Sothys has always been dedicated to crafting unique protocols that blend sensory delight, effectiveness, and a personalized approach to skincare, thereby transforming every appointment into a blissful interlude.

An art that truly makes all the difference.


MADE IN FRANCE





Face care

SPECIFIC TREATMENTS

Precious moment « Premium Secrets »

This 8-step ritual artfully combines the ingredients of a unique treatment: a sensation-infused makeup removal, an ultra-effective exfoliation, exceptional massages, high-performance mask and a final ice-effect smoothing.

1h30 - € 175

Detox & Energy

This intensive treatment provides a radiant boost to your skin, helping it defend against the harmful effects of environmental stress.

1h15 - € 125

Hydra Hyaluronic Acid4

By combining velvety textures with high-performance actives, this treatment is a definitive solution for absolute hydration. In six steps, it quenches, nourishes, and plumps the skin.

1h15 - € 125

Tri-Complex Youth

Across five pivotal stages and eight specific formulas, the full efficiency of Sothys is unveiled with each maneuver. The skin becomes visibly more youthful.

1h15 - € 125

Treatments

Youth-Booster

1 Detox & Energy + 3 « Youth »

Hydra-Booster

1 Detox & Energy + 3 « Hydra Hyaluronic Acid4 »

€ 480



For her and him, solo and duo experiences.
The treatment time includes the time spent in the treatment room.

ESSENTIAL TREATMENTS

Seasonal Limited Edition Care

A true breath of fresh air, this treatment blends chronobiology with indulgence, unveiling the skin's radiance with every season. Its blend of minerals and vitamins boosts and revitalizes the epidermis.

45 min - € 70

Sothys Organics BIO

Organic and vegan, this short treatment with a fresh scent instantly awakens the skin's radiance.

30 min - € 55

Fundamental Treatment

Recommended for teenagers.

Adapting to your skin type, this detoxifying treatment is to be performed regularly for a healthy and radiant skin.

45 min - € 75

Man to be

Perfectly suited to men's skin, this treatment combines high-precision cleansing, a tailor-made mask, a relaxing massage and an anti-ageing serum.

60 min - € 95

Expert Routine

Our skin experts customize your beauty routine based on your skin type: after conducting a comprehensive assessment, you will discover the products and techniques to embrace in your daily regime.

45 min - € 49

Share the experience with your friends!

1h30 - € 169 (max 4 pers.)

The treatment time includes the time spent in the treatment room.



Explore the entire range of Sothys products at the Spa's reception.





Body care

PRECIOUS MOMENTS

Anti-Stress

Guided by slow, embracing maneuvers, this moment promises a journey into a world of serenity and weightlessness.

60 min - € 95

Deep Tissue

Supported by deep and powerful movements, this massage deeply addresses muscular and nervous tensions.

60 min - € 110

Essential Ritual

This personalized ritual is based on specific movements tailored to targeted areas. It provides a harmonious response to tensions stemming from the demands of daily life.

45min - € 75 60 min - € 95 90 min - € 130

The Balinese

Renowned for its relaxing effects, this traditional massage revitalizes blood circulation and re-oxygenates the muscles.

60 min - € 110

Ayurvedic Massage

Influenced by Ayurveda, this massage alternates pressure and circular movements. Promising deep harmony, it rebalances energies and reconciles body and mind.

90 min - € 130

Four Hands

This choreography of movements, delivered from scalp to toes, immerses you in a state of absolute serenity and promises a profound sense of letting go.

60 min - € 210

**Extend your massage: 15 minutes - € 25*

TAILOR-MADE JOURNEYS

Our scrubs and wraps combine unique textures and fragrant essences for a complete and personalized sensory escape: our sea salts and sugars offer a perfect exfoliation, while our nourishing oils, melting waxes, and butters promise softer and delicately scented skin.

100% custom-made Scrub or Wrap

30 min - € 55

100% custom-made Scrub or Wrap + Massage

1h30 - € 145

100% custom-made Scrub + Wrap + Massage

2h00 - € 205

FROM AROUND THE WORLD

Hanakasumi

Inspired by Japan, this treatment combines a body massage and scrub with airy notes of Sakura and Lotus flowers, offering a passport-free journey beneath the famous powdery pink cherry blossom trees.

This unique protocol dedicates 20 minutes of ritual to the feet, blending the art of reflexology with a nourishing massage.

60 min - € 130

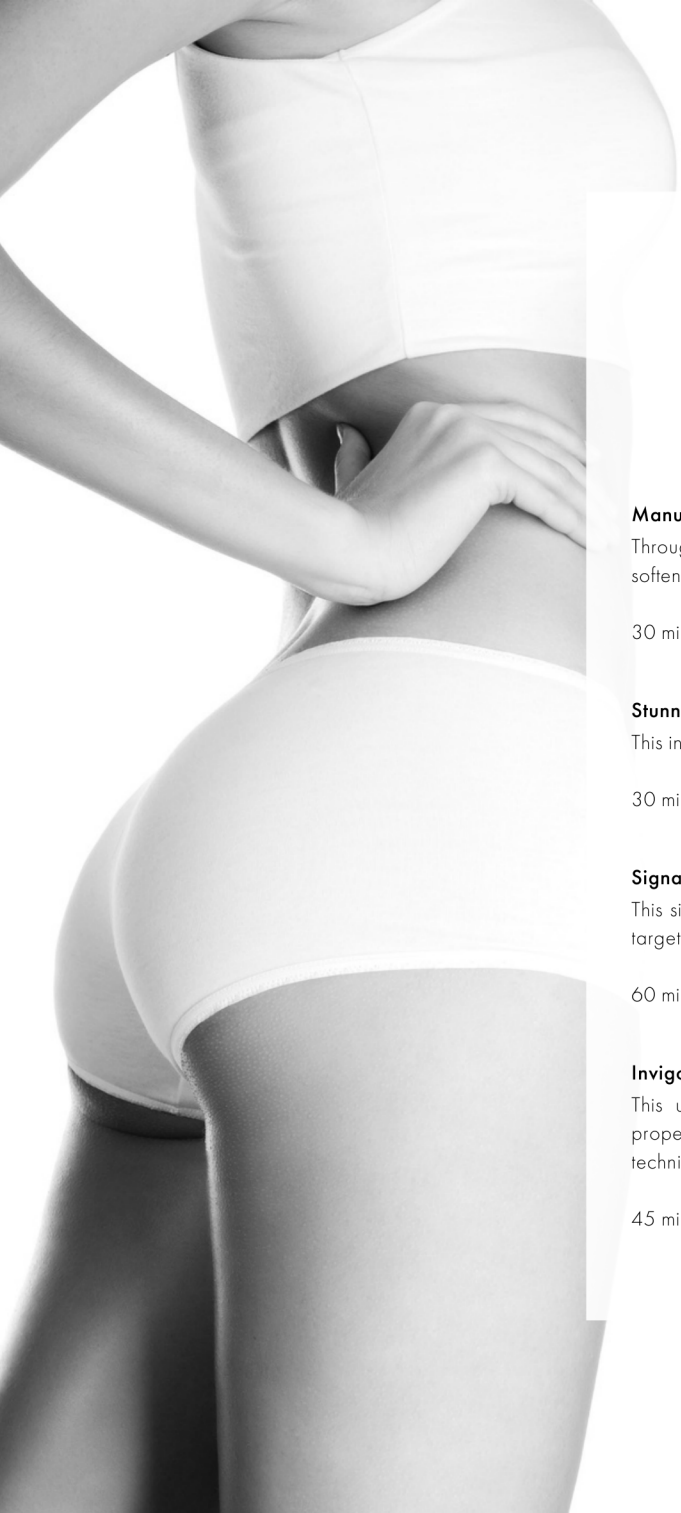
Ancestral Indonesia

Based on ancient Indonesian beauty rituals, this treatment combines a body massage with a breathing ritual. Transporting you to distant lands, it rebalances energies and provides a moment of absolute relaxation.

60 min - € 130



For her and him, solo and duo experiences.
The treatment time includes the time spent in the treatment room.



SILHOUETTE TREATMENTS

The art of toning

Manual Knead-Roll

Through targeted and dynamic maneuvers, congested areas are decongested, tissues are softened, and both blood and lymphatic circulation are reactivated.

30 min - € 55

Stunning Silhouette

This invigorating and indulgent scrub, with the scent of grapefruit, enhances your silhouette.

30 min - € 55

Signature Youth Body Treatment

This signature treatment combines a silhouette-enhancing scrub with a smoothing and firming target massage to preserve the youthfulness of the body.

60 min - € 110

Invigorating & Refreshing Massage

This ultra-fresh protocol combines three formulas with renowned toning and stimulating properties, through a double leg massage and a foot massage using friction and pressure techniques.

45 min - € 75



SVELTE INTERLUDES

Infrared Sauna

Infrared heat acts directly and raises the internal and external body temperature, inducing significant sweating to promote the elimination of water, toxins, fat, and heavy metals from the entire body.

45 min - € 55

For 2: 45 min - € 90

Available in 10 session-card

THE BENEFITS

More than just a moment of relaxation and well-being, the infrared sauna actively contributes to strengthening the immune system and detoxifying the body. Its anti-inflammatory effect reveals itself to be an effective remedy against skin issues such as acne, psoriasis, eczema, or urticaria.

Penetrating deep into the layers of the skin, infrared radiation also alleviates tension and muscle pain.

Furthermore, as a significant ally in weight loss, the infrared sauna can help eliminate between 900 and 1,200 calories, which is equivalent to an intense physical effort of more than 45 minutes.



Hydromassage Bath with Revitalizing Salts

This therapeutic bath promotes toxin elimination and total relaxation through the combined system of hot water and massaging hydrojets.

25 min - € 40

THE BENEFITS

The combination of water, heat, and jets alleviates joint pain and muscle contractions. The floating effect of water lightens the body weight and offers a sensation of lightness, while reducing strain on the joints. Therefore, balneotherapy is particularly suitable for aiding rehabilitation after an injury or treating various physical conditions such as arthritis, rheumatism, as well as circulation problems and heavy legs.

Balneotherapy is a great complement to weight loss efforts. Hydromassage jets have a draining and firming effect, enhancing the quality of the skin. Water retention is reduced, cellulite is eliminated, and the skin is toned.



Treatments

FACE LPG ALLIANCE

Visible results from the first sessions.



The patented LPG head applies micro-pulsations to the skin's surface to tone it and reactivate the fibroblast synthesis process. It restores volume to the dermis, plumps, and revitalizes the wrinkles' base. The skin becomes more supple and visibly radiant.

Tailor-made treatment: 4 to 6 areas
30 min - € 45

LPG Flap - € 25

10 session-cure + 1 offered: € 450

20 session-cure + 1 fundamental treatment: € 900

BODY LPG ALLIANCE

Endermologie is the science of cellular stimulation, deeply reactivating dormant cellular activity through painless and non-invasive mechanical stimulation. It offers a genuine compromise between overly gentle and ineffective techniques and overly harsh, invasive, and unpredictable methods.

Lipomodelling sculpts your body, reduces fat deposits, firms your skin, smoothes cellulite, and refines your legs for a firm and harmonious physique.

Session of 45 min - € 65

10 sessions of 45 min + 1 offered € 650

Thights - € 25

SPECIFIC TREATMENTS

Intensive Young mothers

This treatment stimulates the lymphatic system throughout the body and face to drain toxins while firming the abdominal and waist areas.

90 min - € 135

Intensive Anti-Aging

This full-body massage, including the face, neck, décolleté, and hands, deeply redefines the skin.

90 min - € 135

A balanced diet contributes to skin and tissue health.





Oasis expert Rituals

The Ultimate

An escape of absolute well-being...

- A Hanakasumi ritual
- An Essential Facial Treatment
- A Balneotherapy session

2h - € 210

Moment for two

A moment for two to reconnect...

- Two Body Scrubs
- Two Duo Deep Tissue or Anti-Stress Body Massages
- A Duo Infrared Sauna session offered

2h15 - € 330

Pure Relaxation

A break in your daily routine...

- A Seasonal Facial Treatment
- An Essential Massage

1h30 - € 135

The Essential

A promise of letting go...

- An Anti-Stress body massage
- A Balneotherapy session

1h20 - € 120

Detox Day

Simply to revitalize yourself!

- A Detox Energy Facial Treatment
- A Body Scrub
- An Infrared Sauna session

2h30 - € 220

« Excellence Secrets » face and body

An expert experience with refined scents. With eleven steps for the face and body, this exceptional treatment awakens all the senses for an unforgettable well-being interlude.

2h30 - € 270

"The culture of well-being"

10 TREATMENTS BY SOTHYS®

- 10 Treatments of your choice for the face or the body*
- 2 complimentary Balneotherapy sessions
- Unrestricted access to the Fitness Area

*Excluding Excellence Secret treatments - valid for 1 year.

€ 990

10 SAUNA & FITNESS

- 10 Infrared Sauna sessions*
- Unrestricted access to the fitness area
- Complimentary expert assessment

*Each session lasts 45 min - valid for 1 year.

€ 490

GIFT CARD

Gift your loved ones a unique sensory experience at the Spa de L'Oasis. The Spa reception is at your service to provide guidance.

Flexible amount.



Wellness for kids

NOUGATINE
PARIS

We designed shortened and tailored treatment protocols
for children aged 5 to 12.

30 min. - € 55

"Like Mum and Dad!"

This global massage is an unforgettable moment of relaxation.

"My little & lovely face!"

This hydrating treatment with slow movements will restore the little faces with the suppleness of baby's skin.

"For little champions!"

Inspired by Deep Tissue, this massage enables muscle drainage and relaxation... a true hunt for soreness.

Children must be accompanied by their parent(s).



WAX HAIR REMOVAL

"Quick and smooth"

FOR HER

The Face

| | |
|-------------|------|
| Lips | € 12 |
| Eyebrows | € 18 |
| Eyebrow dye | € 25 |

The body

| | |
|----------------------|------|
| Underarms | € 22 |
| Arms | € 25 |
| Half legs | € 25 |
| Whole legs | € 40 |
| Basic bikini wax | € 22 |
| Brasilian bikini wax | € 30 |
| Full bikini wax | € 40 |

FOR HIM

The face

| | |
|-------|------|
| Brows | € 20 |
|-------|------|

The body

| | |
|------------|------|
| Underarms | € 27 |
| Half legs | € 30 |
| Whole legs | € 45 |
| Chest | € 32 |
| Back | € 35 |

Our wax treatments include a post-depilatory comfort massage on the appropriate areas.





EXPERT
CONSULTATION



BEAUTY
SHOP



EXPERT
BEAUTY TREATMENTS



INFRARED
SAUNA



BALNEO
THERAPY



MASSAGES
SCRUBS



KIDS
TREATMENTS



LPG
TECHNOLOGY



GIFT
VOUCHERS



FITNESS
AREA



LE SPA DE L'OASIS

General terms & conditions

BOOKING & CANCELLATION

Our practitioners are available to provide advice and assist with your reservation by phone or email: +33(0)4 92 97 31 80 or contact@spa-oasis.fr. In case of any inconvenience or appointment changes, please inform the Spa at least 24 hours in advance. Beyond this timeframe, we will be obligated to charge the full amount of your treatment.

ARRIVAL AT THE SPA

In order to welcome you under the best conditions, we kindly ask you to present yourself at the Spa reception 15 minutes before your treatment. The treatment time includes the time spent in the treatment room. In case of delay, the treatment will be shortened to maintain the schedule for the following reservations.

HEALTH CONDITIONS

We kindly request you to inform us of your health conditions during your appointment booking, as well as any allergies or injuries that might affect the smooth progress of the treatment

PERSONAL BELONGINGS

We recommend using the personal lockers provided for your belongings. The Spa de L'Oasis cannot be held responsible for any loss or damage incurred during your visit.

OPENING HOURS

The Spa de L'Oasis is open every day, from Monday to Sunday, from 9:00 AM to 7:30 PM.

GIFT VOUCHERS

You have the option to purchase gift cards and gift sets by selecting a value or a chosen service. These gift vouchers are personalized and are neither exchangeable nor refundable. The validity period is one year from the date of purchase. Find our gift sets online or directly at the Spa reception.



LE SPA DE L'OASIS

COLLECTION BARBOSSI

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Monday to Sunday
9 am - 7:30 pm



Online booking